Health Care in U.S.

• Different than most countries

• Expensive

• Need health insurance to keep you healthy, cover most of health care costs and protect you from very expensive bills

• Responsible for some out of pocket expenses with health insurance

• Important to know some basic guidelines
Student Health Insurance

- Required for all F1/J1 visa students except approved sponsored students
- Spring 18 Coverage 1/4/18-8/15/18 (Early Arrival 12/7/17)
- Dental insurance or discount plan can be purchased separately at aetnastudenthealth.com
- Please visit the ASU Health Services International Student webpage at eoss.asu.edu
Health insurance out of pocket expense terms to know

• **Copay** the insured pays a set amount for specified health care services

• **Deductible** a set amount you pay before your plan will begin to cover specified services

• **Coinsurance** a percentage amount you pay for a specified service after deductible has been met

• **Out of Pocket Maximum** The most you will have to pay for covered medical expenses in a plan year
What are some benefits of my ASU Student Health Insurance?

- Comprehensive health coverage
- Low co pays at ASU Health Services/ASU Counseling
- Low medical/prescription deductibles
- Low coinsurance
- Low maximum out of pocket
- Preventive care at no cost
What are some benefits of my ASU Student Health Insurance?

- ASU Health Services/ASU Counseling on campus
- Nationwide/travel abroad coverage*
- Evacuation/repatriation
- Easy access to support
Where can I go to receive health care?

- ASU Health Services/ASU Counseling on campus are your first stop
- Off campus specialists/providers with a referral
- ASU Health Services after hours medical advice
- Off campus urgent care clinic for immediate concerns (non emergency) when health center is closed
- Emergency dial 911 or go to the nearest emergency room
Out of pocket Expenses

ASU Health Services

• general visit - $15 copay
• lab/x-ray - $10 copay
• Specialist Visit - $25

Off campus

• In-network specialist visit - $25 copay (referral required)
• In-network Urgent care - $25
• Emergency room visit - $200 copay
• In-network hospitalization/surgery - $250 medical deductible and 20% coinsurance
• Prescriptions - $125 deductible then $15/$40/$80
To print out your ASU Aetna Student Health insurance card visit aetnastudenthealth.com
• Bring your health insurance card/ASU Sun Card when visiting ASU Health Services

• Carry your health insurance card with you at all times
ASU Health Services

TEMPE
Monday-Friday
8 a.m. to 6 p.m.
Saturday Clinic 10 a.m. to 4 p.m.
We are located on Palm Walk by the University Drive Bridge

POLYTECHNIC
Monday-Friday
8 a.m. to 5 p.m.
Excluding 1 p.m. to 2 p.m.
We are conveniently Adjoined to the Sun Devil Fitness Complex

DOWNTOWN
Monday-Friday
8 a.m. to 5 p.m.
Excluding 1 p.m. to 2 p.m.
We are located on the first floor of the College of Nursing & Health Innovation Building

WEST
Monday-Friday
8 a.m. to 4:30 p.m.
Excluding 12:15 p.m. to 12:45 p.m.
We are located in the University Center Building, Room 190
ASU Health Services

- Primary Care/Preventive Care
- Women's Health
- Lab
- X-Ray
- Vaccines
- Travel Medicine
- Massage, Acupuncture, Chiropractic, and Nutrition
- Many more services
Scheduling appointments made easy

- Patient Portal
- Phone 480-965-3349
- Welcome Desk
- Walk-ins Welcome
Patient Portal

• Schedule your appointment online
• Send/receive secure messages
• Refill Prescriptions
• Answer billing questions
• Access your medical records 24/7
ASU Health Services Visit

- Medical care is confidential
- Check in at front desk
- Nurse/medical assistant will ask you some medical questions and take your vitals
- Doctor/nurse practitioner will discuss your medical care
ASU Counseling

TEMPE
Student Services Building
Room 334

POLYTECHNIC
Academic Center
Suite 92

DOWNTOWN
History Post Office
Suite 208

WEST
University Center Building
Room 221

International Orientation 2018
ASU Counseling Services

- Confidential
- Counselors highly trained and experienced
- Help adjust to university life
- Help meet academic goals
- Assessments
- Individual/couples counseling
- Group Counseling
- 24 ASU dedicated crisis hotline
Scheduling appointments made easy at ASU Counseling

- Phone 480-965-6146
- Welcome Desk
- Walk-in
Visits to ASU Health Services and ASU Counseling …

- Billed to your insurance
- Charged directly to your student account
- Get the health care you need
To avoid late fees and holds make sure to check your My ASU account.
Information and Assistance

- **ASU Health Services**
eoss.asu.edu/health or 480-965-3349
insurance@asu.edu or 480-965-2411

- **ASU Counseling**
eoss.asu.edu/counseling or 480-965-6146
Empact - 24 ASU dedicated crisis hotline 480-921-1006

- **Aetna Student Health Insurance**
aetnastudenthealth.com
1-800-378-0178